Building the Local Food in Schools (LFS) Process; From Procurement to the Menu





Introductions

Lindsay Blough, M.S. Speaker

- Illinois State Board of Education Nutrition Programs

Diane Chapeta Speaker - Senior Program Manager, Seven Generations Ahead, Illinois Farm to School Network

Connie Crawley Speaker - Food Service Director, Lincoln District 27

Jillian Scholl Moderator









Overview:

- Understand Local Food in Schools (LFS) and utilize tools available to help you procure local foods.
- Understand farm to school programming, best practices to source local foods, and where to find them.
- Learn how one district built a process to source local foods, share food identification and education, and transitioned local to their menus.



Lindsay Blough, M.S.

Illinois State Board of Education Nutrition Programs Farm to Child Nutrition Programs Administrator localfoods@isbe.net

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- Local Food for Schools (LFS) is funding from the United States Department of Agriculture (USDA) Agricultural Marketing Service (AMS) to purchase local unprocessed or minimally processed foods <u>to be served in the:</u>
- National School Lunch,
- <u>School Breakfast programs</u>,
- <u>After School Snacks and</u>
- the Seamless Summer Option.



Local Food for Schools Funding



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- Local Food for Schools funding currently goes through Jan. 31, 2026
- For any districts that have not signed up funding is still available:
 - Watch our recorded training module: <u>https://www.youtube.com/watch?v=6V_foXifhlo</u>

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 Email: <u>localfoods@isbe.net</u> (Include district/school name, RCDT, and acknowledge you have viewed the recording)

We do want to acknowledge that we did receive a notification from the USDA that a 2nd round of local foods funding that was set to start after LFS concluded, called the Local Food for Schools and Child Care (LFSCC) was terminated. However, we do still have LFS funds through January 31st and we want schools to continue to utilize this wonderful program!

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WHAT IS THE DEFINITION OF LOCAL?

 Local and regional food is raised, produced, aggregated, stored, processed, and distributed in the locality or region where the final product is marketed to consumers, so that the total distance that the product travels between the farm or ranch where the product originates and the point of sale to the end consumer is at most 400 road miles, or both the final market and the origin of the product are within the same State or territory.







For ALL purchases:

Name of Farmer, Rancher, Producer
Address/location of the farm or ranch (to ensure & document that it is local)

• Is the farmer, rancher or producer Socially Disadvantaged and/or a Small Business (no documentation needed)

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For purchases that involve a processor

Name of the processor
Address/location of the processing facility (to ensure & document that it is local)
Is the processor Socially Disadvantaged and/or a Small Business?



For purchases that involve a distributor

 Name of the distributor
 Is the distributor Socially
 Disadvantaged and/or a Small Business?

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Requesting Additional LFS Funds

School Food Authorities (SFAs) that have signed up for Local Food for Schools (LFS) and have used up their LFS allotment and would like to request additional funds, ISBE will do our best to approve requests for additional funds. Please see the guidelines and instructions for submitting a request.

Guidelines for submitting a request for additional funds

- Only request funds that you know you will spend in the next 30-90 days (limited exceptions will be made & please include an explanation in your request).
- SFAs can submit multiple requests during the LFS funding period, SFAs are not limited to just 1 or 2 requests for additional funds.
- Submit requests with at least 5 business days of advanced notice.
- We cannot guarantee additional fund requests will be approved. Therefore, it is not recommended to
 purchase additional local foods until you receive an official approval to your request from ISBE. The SFA
 would be responsible for any purchases made that exceed the ISBE approved allotment.
- Purchases made with additional LFS funds must remain in compliance with all applicable LFS requirements.

Instructions for submitting a request for additional funds

- Submit an email to localfoods@isbe.net that contains the following information:
- Name of the SFA (sponsor name ex. school district, school, Church, RCCI sponsor, Juvenile Detention Center)
- RCDT/Ågreement Number 11-digit number for your SFA (this number can be found in the WINS system at the top of your home page)
- Dollar amount you would like to request
- If the funds are not going to be used in the next 30-90 days provide an explanation of the scenario.

After submitting a request for additional funds

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- ISBE staff will review and approve or deny request as quickly as possible. Please allow up to 5 business
 days for a response.
- ISBE staff will notify the requester in writing of the approval or denial of the request.
- Once approved, the SFA may move forward with their LFS purchase.







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VISIT OUR FARM TO CHILD NUTRITION **PROGRAMS** WEBSITE (F2CNP)

HTTPS://WWW.ISBE.NET/PAGE S/SCHOOL-NUTRITION-FARM-TO-SCHOOL.ASPX

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NUTRITION FARM TO CHILD NUTRITION PROGRAMS (F2CNP)

EVENTS & FUNDING OPPORTUNITIES

- Click here to register for the Local Food for Schools [LFS] Overview. Updates and (8A webinar 2-3 p.m. Tuesday May 7 -
- Open Enrollment for Local Foods for Schools (LFS) funding has ended. If you did not sign up for LFS, but are interested. please reach out to ISBE staff at localfoods@isbe.net to inquire if funds are still available. We will do our best to accommodate requests to participate
- Out of LFS funds? If you used all of your LFS funds but would like to request additional funds, click here for guidance. on how to request additional LFS funds 🕌
- We Need Your Input! Please complete ISBE's Farm to School survey by clicking here. On average the survey takes less than 15 minutes to complete.
- Check out the Illinois Farm to School Network website for upcoming Events.

General Farm to School Information	~
General Farm to achool internasion	
Farm to Early Care	~
Design the	~
Food Sefety	
Procurement	~
For Producers (Farmers, Ranchers, Processors, and Distributors	~
Local Food for Schools (LFS)	~
Websites/Links	~
Scratch Cooking	~
School Gardens	*
Success Stories	~

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Local Foods for Schools Cooperative Agreement Program (LFS)

The Illinois State Board of Education (ISBE) is excited to announce that Illinois will be participating in the USDA's Local Food for Schools Cooperative Agreement Program (LFS). This new program will provide 7.3 million dollars to ISBE, that will be distributed to eligible schools to purchase local unprocessed and minimally processed food. ISBE plans to issue non-competitive sub-awards of these funds to School Food Authorities (SFAs) that participate in the National School Lunch and/or School Breakfast Program for use by January of 2025.

The goal of LFS is to increase purchases of domestic, locally grown foods from local producers, small businesses, and socially disadvantaged farmers/producers for distribution to schools in order to build a more resilient local food chain by expanding and strengthening local and regional markets.

- Open Enrollment for Local Foods for Schools (LFS) funding has ended. If you did not sign up for LFS, but are
 interested please reach out to ISBE staff at localfoods@isbe.net to inquire if funds are still available. We will do
 our best to accommodate requests to participate!
- USDA Press Release
- "Sourcing Local Foods Using Illinois Market Maker" Webinar (May 11, 2023) 🖶
- SFAs that are signed up for LFS kappa
- SFAs that are not signed up for LFS, but may be eligible
- LFS Flyer for Schools Jack

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- Local Food for Schools (LFS) Overview, Updates and Q&A webinar (May 7, 2024) #
- Resource for Sourcing Local Foods July
- LFS Claims for Reimbursement
 - LFS Claims for Reimbursement Instructions Lesson
 - · Click here to submit your claim
- Procurement Flowchart: Determining if Your LFS Purchases are Eligible to Utilize the Micro Purchase Method June

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Did you know that LFS funds can be used for Seamless Summer Option (SSO) meals?

SSO = Yes to LFS

SFSP = No to LFS

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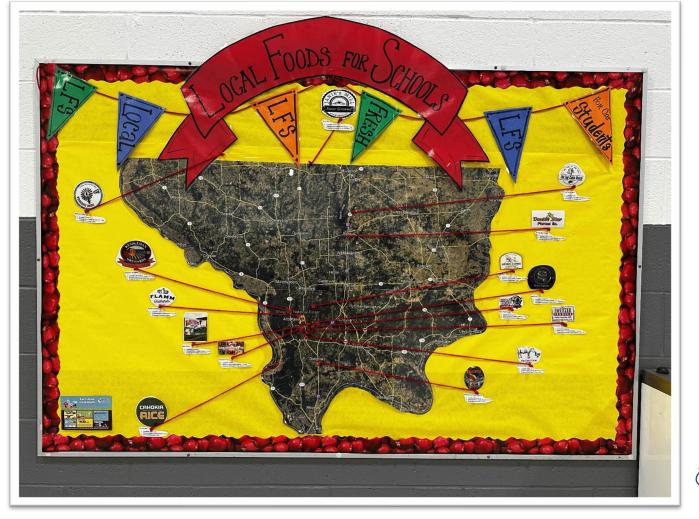
https://www.isbe.net/Documents/SSO-SFSP-comparison.pdf

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Cobden Unit School District

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Illinois Farm to School Network

Diane Chapeta

Senior Program Manager Seven Generations Ahead Illinois Farm to School Network

farmtoschool@sevengenerationsahead.org

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Seven Generations Ahead Promoting Sustainable & Healthy Communities



IL Partner, National Farm to School Network

 Information, advocacy and networking hub for communities working to bring local food sourcing, school gardens and food and agriculture education into schools and early care and education settings across the country.

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Network Support & Resources

- <u>https://illinoisfarmtoschool.org/</u>
- Monthly and program specific newsletters
- Fun Fact Friday social media shares
- In-person and virtual trainings
- One-on-one consulting







IFSN Toolkit

https://illinoisfarmtoschool.org/









The Illinois Farm to School Toolkit

Looking for support to advance your farm to school activities? You've come to the right place! Access our comprehensive portal of farm to school resources below.

TOOLKIT TABLE OF CONTENTS

- Getting Started
- Sourcing Local Food
- Gardening On-Site
- Farm to Summer
- New! At Home and In Community Toolkit
- Food & Agriculture Education
- Early Care Providers
- Farmers & Producers
- Distributors
- Funding
- Advocate for F2S
- **Outreach** Toolkit
- Boot Camp Education
- Illinois Stories- Listen to our podcast series!
-

Key Programs

- Illinois Harvest of the Month
- The Great Apple Crunch







- Provides 50 seasonal food options for institutional and community sites to celebrate a featured foods seasonally
- Free registration opens the website sharing resources, curriculum and activities
- Teaches children about seasonal eating and develops acceptance of whole, healthy foods
- Provides a way to connect multiple types of programs to local and garden foods
- Connects programs to growing food at home and in the community
- Encourages food education to continue during winter months

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HarvestIllinois.org







- Part of Great Lakes Crunch; seven states participating
- Annual event every 2nd Thursday of October
- Over 1,400,000 participants crunch across the region!
- On site, community and at-home participation

http://illinoisfarmtoschool.org/great-apple-crunch/







Kinnikinnick CCSD 131 Great Apple Crunch



SCHOOL GARDEN RESOURCES

Garden Toolkit: <u>https://illinoisfarmtosch</u> <u>ool.org/toolkit/school-</u> <u>garden-resources/</u>



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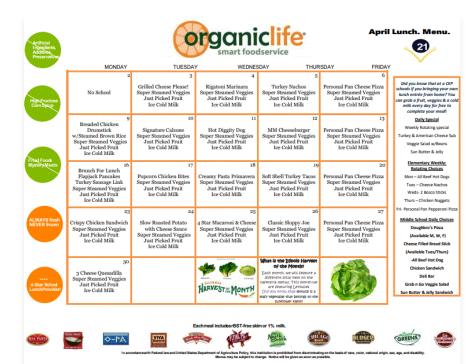






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Share the Farm to School concept. Build interest and a team. Choose your path. Make a plan.



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Determine what fits and create a plan

- Decide what local procurement and food education will look like at your site.
- Search your area for local options. Ask for help if you need it!
- Consider staff training, recipe and ingredient development, consider prepping capabilities in your kitchen(s) and your student's food preferences.
- Involve your staff and student eaters via taste tests, voting, or a recipe naming contest.
- Be prepared to promote and share the identity of your local food producers and businesses.
- Consider sharing your efforts on flyers, letters home to parents, service line signage, menu grids, site website and social media opportunities.
- Always include education opportunities in your plan. Connect your program directly to your Wellness Plan.

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First Steps for Local Procurement



Sourcing Local Food

Overview

Local Food Procurement Resources

Where to Find Food

How to find local

Sourcing Locally Grown Food

Local food procurement is different for each school based on the amounts of food needed, the location of the school and the seasonal availability of fresh, local foods. Sourcing locally can involve direct relationships with local farmers and producers, shopping at farmer's markets or produce auctions, drawing from local DOD selections, working with regional produce distributors and aggregators, or working with primary or secondary distributors to locate regional or local items. The Illinois



Farm to School Network has created a Mighty Mini training video, Local Sourcing, which provides information and insite for school districts considering, or expanding local or regional



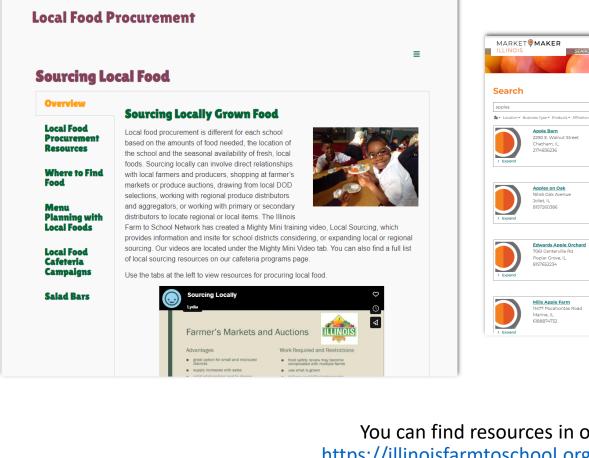


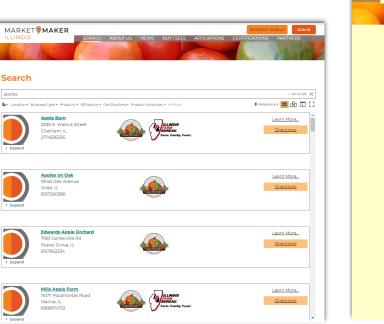
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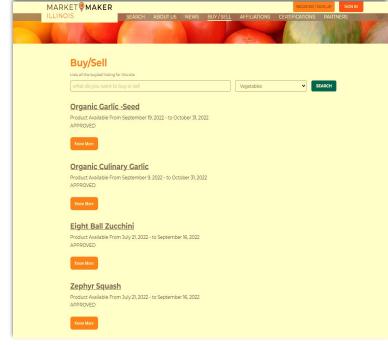




Resources to locate local food









Create a Buyer Profile to share all your information with farmers, food hubs and others.



You can find the buyer profile in our Procurement Toolkit here: https://illinoisfarmtoschool.org/toolkit/local-food-procurement/

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Build a process to be sure of procurement regulation compliance and create acceptance by your customers.



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Determine your needs and create a process

- Create possible menuing options and have recipes set, consider prepping capabilities in your kitchen(s) and your customer's food preferences.
 - Determine needed quantities, consider all seasonal options, and product specs. (Can you utilize B grade products? Specs include no spoilage, no cuts or broken skin, and clean product) Have a supply backup plan in place.
- Determine limited delivery locations (up to two addresses) or pick up options, know your invoicing cycle, determine food safety protocols for fresh items.
- Involve your customers via taste tests, voting, or a recipe naming contest. Be prepared to advertise and share the identity of your local purchases. Consider flyers, letters home to parents, service line signage, menu grids, site website and social media opportunities.

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Look for food hubs, distributors and aggregators





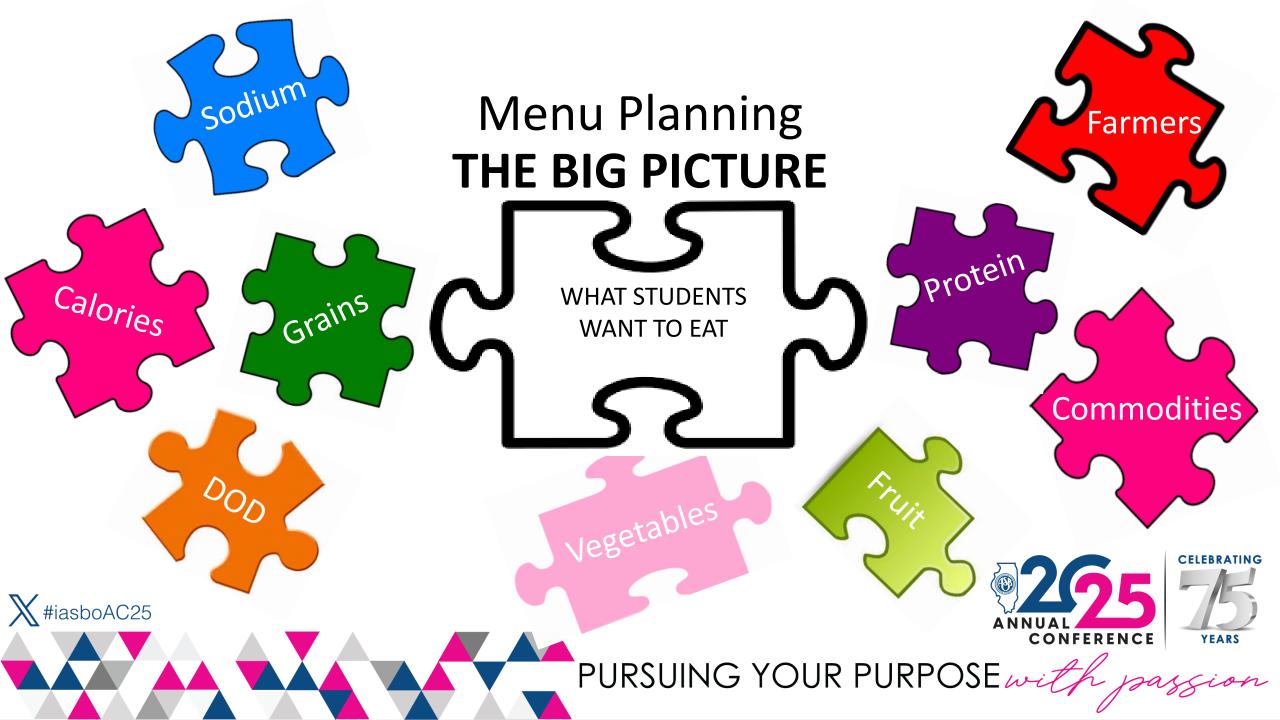
You can find a full list of food hubs and local food distributors: https://illinoisfarmtoschool.org/toolkit/local-food-distributors-foodhubs/ PURSUING YOUR PURPOSE with paysion

Connie Crawley

Food Service Director Lincoln SD 27 <u>ccrawley@lincoln27.net</u>







MENU PLANNING Slow & Steady Wins the Race



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Recipe Development



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Oven-Fried Chicken USDA Recipe for Schools

Chicken is coated in panko crumbs and spices, then baked.

NSLP/SBP CREDITING INFORMATION: 1 portion provides 2 oz equivalent meat and 1 oz equivalent grains.



Servings:	128.00	Category:	Entree
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20917

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SPICE GARLIC GRANULATED	1 3/5 Ounce	1.6 oz	513881
SPICE ONION POWDER	1 3/5 Ounce	1.6 oz	126993
SALT KOSHER 12-3 DIAC	1 Ounce		424307
SPICE PEPR BLK REST GRIND	1/3 Ounce	.33 oz	225061
SPICE PAPRIKA	1/3 Ounce	.33 oz	518331
BREAD CRUMB FINE UNSEAS	3 Pound	UNPREPARED See Package Instructions	175671
CHIX CVP BRST BNLS SKNLS 5Z	20 Pound		673544





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INGREDIENTS	50 SERVINGS		100 SERVINGS		BIRDATIONA		
	Weight	Measure	Weight	Measure	DIRECTIONS		
Flour, whole-wheat	1 lb	3½ cups 1 Tbsp 1½ tsp	2 lb	1 qt 3 cups 3 Tbsp 1⁄2 tsp	 Combine flour, crushed corn flakes, and spices in a large bowl. Stir well. Set aside for step 4. 		
Corn flakes, whole-grain	2 lb	1 qt	4 lb	2 qt			
Black or white pepper, ground		1 Tbsp 1 tsp		2 Tbsp 2 tsp			
Salt		1 Tbsp 2 tsp		3 Tbsp 1 tsp			
Mustard, dry		¼ cup		½ cup			
Paprika		1 Tbsp 1 tsp		2 Tbsp 2 tsp			
Garlic powder		2 Tbsp		1/4 cup			





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BID PROCESS - LOCAL

• FINDING FARMERS

(local farm bureau, farmers markets, word of mouth)

- IFB (micro or small purchase)
 - BID SPECIFICATIONS

(Be specific)

AMOUNT NEEDED

(Protein & Produce)

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Local Food IFB(invitation for bid) for 2023 – 2024 School Year

5/3/2023 Lincoln Elementary Schools #27 304 Eighth Street . Lincoln, Illinois 62656

Lincoln Elementary School District #27 is interested in contracting locally-sourced fresh product deliveries for 2023-2024 school year to five schools in Lincoln, Illinois. To help with our goal, LESD 27 is seeking to enhance the health of school meals by decreasing the distance food ravels between farmers and students. Our district consists of 4 elementary schools and 1 junior high that serves 1600 meals daily. We qualify for Community Eligibility Provision (CEP), which allows every student in our district breakfast and lunch at no charge.

- 1. Bids: Bids must be received by 1:30 p.m. on June 1, 2023
- Proposal Forms: Bids may be mailed or hand delivered to the District #27 Administration Office, 304 8th Street, Lincoln, Illinois 62656, or emailed to ccrawley@lincoln27.net, or faxed to Connie Crawley 217-732-2198 by the required deadline.
- 3. Evaluation Criteria: Bidder must supply the information outlined below; bids will be evaluated following the point system allotted to the following categories.
 - a. Cost

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- b. Product quality specifications c. Geographical preference
- d Traceability
- Educational opportunities Logistics (Delivery, Communication Invoicing)
- 4. Questions: Bidders with questions concerning the specifications or (should contact Connie Crawley by email or phone 217-651-8869
- Additional Information: Vendors submitting bids who wish to add a information about price adjustments, etc. during the contract period sl such information to the bid form with appropriate authorized signature

LESD 27 is requesting the following products fitting the following descriptions; note, the quantity needed throughout the 2023-2024 school year is simply an estimate so that you can adequately plan out your season. To complete this bid, fill out the "Unit Details," "Unit Price" and total price if you are willing to provide a discount based on the bulk estimated quantity needed.

ltem	<u>Unit</u>	Estimated Qty		Unit Details (I,e. 20 lb. case)	Unit Price	Total Price
Frederick - White Wheat Flour	lb.	2500	- ORGANICWhole wheat flour - Freshly stone ground sifted flour	50#	\$33.00	\$990
All Purpose Flour	lb	2500	- ORGANICFreshly stone ground finely sifted flour	<u>50#</u>	<u>\$35.00</u>	<u>\$1,750</u>

LOCAL BID PROCESS

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Flour - all purpose	#1	#2	#3	Flour - whole grain	#1	#2	#3	
Cost				Cost				
Specifications				Specifications				
Geographical preference				Geographical preference				
Traceability				Traceability				
Educational opportunities				Educational opportunities				
Delivery				Delivery				
Communication				Communication				
Invoicing				Invoicing				1





How to Keep the Business Office Happy



- Participation, Participation, Participation
 - **Utilize ALL Resources of Funding**
- Give the People What they Want



How to Keep the Business Office Happy



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• Waste Not, Want Not

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• We Are Family



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Nutrition Education









Questions and Answers

We thank you for your time!



Presenters:

MODERATOR INFO: Jillian Scholl

PANELISTS INFO:

Lindsay Blough M.S., Illinois State Board of Education Nutrition Programs Farm to Child Nutrition Programs Administrator localfoods@isbe.net

Diane Chapeta Senior Program Manager Seven Generations Ahead Illinois Farm to School Network farmtoschool@sevengenerationsahead.org

> Connie Crawley Food Service Director Lincoln SD 27 ccrawley@lincoln27.net

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